

## **PREPOPIK INSTRUCTIONS**

***At 6 pm the night before your procedure:***

- 1. Fill the dosing cup with cold water to the 5 oz. line.***
- 2. Pour contents of 1 packet***
- 3. Stir for at least 3 minutes until powder is dissolved. You will feel cup warm up, when this happens the prep is ready***
- 4. Drink it ALL***
- 5. Then drink 5 8-oz cups of any clear liquid over the next 5 hours***

***Then at        am the morning of procedure repeat steps 1-4 then after finishing the mixture, drink at least 3 8-oz cups of any clear liquid up to 4 hours before your procedure.***

***If you have any questions call the office at 513-2628***